

# BURNABY WATER POLO CLUB

September 2017 to August 2018

*Welcome to another year of water polo fun!*

The Burnaby Water Polo Club has been a part of the community for 40 years now. Established in 1977, it has had a proud tradition of helping develop some of the finest water polo players in the country. A number of our players who started with Burnaby have gone onto the Canadian National Teams and won scholarships, and one has even gone to the Olympics in Beijing.

## Please note the new age categories:

### Development

2008 and younger

### 12U Age

2006 & later

### 14U Age

2004-2005

### 16U Age

2002-2003

### 18U Age

2000-2001

## Programs:

<b>Development</b>	Boys and girls will practice in the shallow end of the pool. Our coach-to-player ratio is low so youngsters will receive the attention they need to develop and prepare themselves to go into the main pool. The ability to swim across the shallow end of the pool is helpful. They will learn ball handling, swimming with and without the ball and the basics of the game.
<b>Junior (12U)</b>	Boys and girls will practice in the main pool. They will work in the shallow and the deep end of the pool. The ability to swim a length of the pool is important. They will learn ball handling, eggbeater, shooting, swimming with and without the ball and the basics of the game. At this age, the athletes need additional coaching and practice on their swimming skills.
<b>Senior (14U, 16U, 18U)</b>	Boys and girls will practice in the main pool. They will work primarily in the deep end of the pool. The ability to swim and tread water for extended lengths of time is required. They will learn ball handling, eggbeater, shooting swimming with and without the ball and advanced game strategy.

## Practice times for the first weekend (September 9<sup>th</sup> and September 10<sup>th</sup>):

Program	Saturday	Sunday
Development	3:00-4:00PM, Bonsor, Small Pool	9:00-10:00AM, Bonsor, Small Pool
Junior (12U)	3:00-4:00PM, Bonsor, Main Pool	9:00-10:00AM, Bonsor, Main Pool
Senior (14U, 16U, 18U)	4:00-5:00PM, Bonsor, Main Pool	8:00-9:00AM, Bonsor, Main Pool

## Practice times for Fall and Winter Seasons (September 16<sup>th</sup> to April 29<sup>th</sup>):

Program	Saturday*	Sunday, if no games are scheduled
Development	3:00-4:00PM, Bonsor, Small Pool	9:00-10:00AM, Bonsor, Small Pool
Junior (12U)**	3:00-5:00PM, Bonsor, Main Pool	9:00-10:00AM, Bonsor, Main Pool
Senior (14U, 16U, 18U)	3:30-5:30PM, SFU Pool	8:00-9:00AM, Bonsor, Main Pool

\*some Saturdays, Juniors 3-4PM and Seniors 4-5PM at Bonsor

\*\*Juniors have additional swimming practice on Tuesdays at Bonsor (7-8PM or 8-9PM)

## Practice times for Summer Season (May 5<sup>th</sup> to August 31<sup>st</sup>):

Program	Days/Times/Locations To Be Determined After the Pool Booking Process
Development	Each week, 2 practices, 2 hours total
Junior (12U)	Each week, 2-4 practices, 4-6 hours total
Senior (14U, 16U, 18U)	Each week, 2-4 practices, 4-6 hours total

**Games:**

The Burnaby Water Polo Club (BWPC) is in the Lower Mainland Water Polo League (LMWPL) that schedules Sunday games (morning or evening) from September to April. The mid-season tournament is around December, and the league championship tournament is in April. Game locations include Bonsor, City Centre Aquatic Complex, Guildford Recreation Centre, Vancouver Aquatic Centre, and Watermania. Development athletes do not participate in League games. From May to August, the club runs a maintenance program.

**Registration Fees:**

BWPC will be offering a full-year registration that covers Fall (Sept-Dec), Winter (Jan-Apr) and Summer (May-Aug). You can register for one season at a time, or you can register for two or three seasons at a better rate. New players to the club receive an additional discount if they register for the full year. Development athletes receive the new player discount when they join the Juniors Program. Family rates for 2 or more children in the Junior/Senior Program are available.

Program	One Season	Two Seasons	Three Seasons	New Players (Full Year)	Mandatory Fundraising*	Swimming Practice-12U**
Development	125	225	330	N/A	+40 per player	N/A
Junior/Senior (1 child)	250	450	630	-50 per player	+40 per player	+15 per season
Junior/Senior (2 children)	450	810	1150	-50 per player	+40 per player	+15 per season
Junior/Senior (3+ children)	640	1150	1630	-50 per player	+40 per player	+15 per season

\*purchase book of 20 raffle tickets, \$2 each ticket, sell to others or keep for yourself

\*\*each Junior athlete: add \$15 for Fall, add \$15 for Winter

**Programs for BWPC players who want additional practice and more challenge:**

<b>Advanced Program</b>	High intensity development program. Swimming and tactics. Fridays, 8:00-10:30PM, Vancouver Aquatic Centre. Cost for Fall and Winter: around \$250, in addition to BWPC registration.
<b>Spartans</b>	Extension of Advanced Program. Designed for the strongest players who want to compete at the national level. Three practices per week which will be synchronized with BWPC Saturday practices. The schedule for National Competitive League (NCL) games will be adjusted so players can attend LMWPL games. Days/times/locations of practices will be determined. The cost for Fall and Winter, in addition to BWPC registration, will be known soon.

Please complete the attached registration form in full and make cheques payable to **Burnaby Water Polo**.

Families wishing to take advantage of the full-year rate can postdate payment for half the full-year registration fee to December 1<sup>st</sup>, 2017.

**In-Person Registration:**

Saturday, September 2<sup>nd</sup> and 9<sup>th</sup> ..... 2:30-5:00PM at Bonsor

Sunday, September 3<sup>rd</sup> and 10<sup>th</sup> ..... 7:45-10:00AM at Bonsor

If you miss the in-person registration dates, do not worry. Use the contact information below. Phone or email first, and then mail your registration.

**Phone:**

778-328-2657

**Email:**

[burnabywaterpolo@gmail.com](mailto:burnabywaterpolo@gmail.com)

**Mail:**

Burnaby Water Polo Club  
PO Box 50039  
South Slope RPR  
Burnaby, BC V5J 5G3

**Mark Your Calendar:**

Club AGM, October \_\_ 2017, Time TBD, Multi-Purpose Room, Bonsor