

WATER POLO PROGRAMS IN BURNABY THROUGHOUT THE YEAR

BURNABY WATER POLO CLUB

Development Program – Boys and girls aged 6-8 years of age. Players will practice in the shallow end of the pool. Ability to swim across the shallow end of the pool is helpful. They will learn ball handling, swimming with and without the ball and the basics of the game. No games are scheduled for the development group.

Practice Times – Saturdays 4-5PM, Sundays 9-10AM

Cost – \$95.00 (Does not qualify for first time discount)

U12 (Atom Program) - Boys and girls up to 11 years of age. Players will practice in the main pool. They will work in the shallow and the deep end of the pool. Ability to swim a length of the pool (25 metres) is important. They will learn ball handling, eggbeater, swimming with and without the ball and the basics of the game.

Practice Times – Saturdays 4-5:30PM, Sundays - Games

Cost - \$190.00

U14 (Bantam Program) – Boys and girls up to 13 years of age. Players will practice in the main pool. They will work primarily in the deep end of the pool. Ability to swim and tread water for extended lengths of time required. They will learn ball handling, eggbeater, swimming with and without the ball and basics of the game.

Practice Times – Saturdays 4-5:30PM, Sundays - Games

Cost - \$190.00

U12/U14 Advanced Program – Boys and girls up to 13 years of age that would like additional water polo training can register for our higher level training program. Training is at the SFU Pool. Players must be registered with Burnaby Water Polo prior to signing up for this program.

Practice Times – Fridays 6:30-9PM 6:30-7:00 Dryland 7:00-9:00 Pool

Cost – \$130.00 (Does not qualify for first time discount)

U16 (Cadet Program) – Boys and girls up to 15 years of age. Players should be strong swimmers. Practices and games will be in deep water. They will work on ball handling, passing and more advanced water polo theory.

Practice Times – Saturdays 5:30-7PM, Sundays - Games

Cost - \$190.00

U18 (Youth Program) – Boys and girls up to 17 years of age. Same as U16 program.

Practice Times – Saturdays 5:30-7PM, Sundays - Games

Cost - \$190.00

Winter Season – January to March

The Burnaby Water Polo Club runs a winter season for 6-13 year old boys and girls. We offer developmental programs for 6-8 year old girls and boys in the shallow end of the Bonsor Pool. This program allows children in this age group to experience the fun of water polo in a comfortable and encouraging environment. There is also an introductory program for 9-13 year old boys and girls which include weekly practices and a windup tournament.

Development Program

Training is the same as our Fall Season

Practice Times – Saturdays 5-6PM, Sundays 9-10AM

Cost – \$95.00 (Does not qualify for first time discount)

U12/U14 Water Polo Program

Training is the same as our Fall Season except there are no weekly scheduled games.

Practice Times – Saturdays 5-6PM, Sundays 8-10AM

Cost – \$150.00

High School Water Polo Program

Boys and girls 12-17 years of age can represent their high schools at the High School Water Polo Championships on April 14-17, 2011.

Practice Times – TBD

Cost – TBA (Does not qualify for first time discount)

Players who have not previously registered with Burnaby Water Polo are eligible for a \$50.00 first time discount off their registration fee.

BURNABY BARRACUDAS SWIM CLUB WATER POLO

Summer Season – May to August

The Burnaby Barracudas Swim Club operates a summer water polo program for 6-18 year old girls and boys throughout the summer. Practices begin at Bonsor Pool in May and eventually move out to Central Park outdoor pool.

Players will practice 2-3 times per week and participate in tournaments throughout the summer. It's great way for your kids to spend a summer!

Cost - TBA

For more information visit their website at www.burnabybarracudas.com.

Check out our FAQ about the Barracudas Water Polo Program.